



McAULEY HIGH SCHOOL SPORTS DEPARTMENT

2020

SPORTS BOOKLET



Expectations

The vision for sport at McAuley High School is to encourage every student to participate in physical activity and sport.

Sport and recreation are seen as integral parts of the physical and personal development of students. Physical exercise promotes a sense of personal wellbeing, enhancing both bodily health and intellectual performance. Commitment to a sports team provides important experiences of teamwork that prepare students for adult participation in our complex society. Through sport at McAuley High School we aim to provide students with positive experiences of individual physical achievement and the satisfaction of team participation, commitment, responsibility, and fair play. Students are expected to make a full commitment to the team, this means:

- Having the correct gear for all training sessions. Uniforms will be supplied for competition games, however, it is expected that students have their own sports shoes (this includes rugby, rugby league & soccer boots), water bottles and any safety equipment, including mouthguards. Black shorts are required and can be purchased from the Sports Department.
- Turning up on time and being ready. There will be consequences for failing to be punctual.
- If students are unable to participate, they must notify the Sports Dept as soon as possible. If students are away from school on the day of a game or training because of sickness or injury they are not permitted to attend. This is for the health and safety of our students.

Every student who participates in sport at McAuley High School is expected to:

- ⦿ Pay a trial fee. If they are selected for the team, the trial fee is deducted from the fee required for that sport. If the student does not make the team, the trial fee will be refunded.
- ⦿ Fees may be either paid in full, or in weekly instalments of \$10.
- ⦿ Sports fees are for the seasons competition only and do not include any extra tournaments. An additional fee will be required.
- ⦿ Any student who is selected for a team is expected to play.
- ⦿ Anyone dropping out will not have their sports fee refunded.

Sports Refund Policy

A **full** refund will be made if the Sports Office cannot place a student into a team or a sport.

Refunds will **not** be made:

- ⦿ if a student withdraws after they have been placed in a team
- ⦿ if a student leaves school, is expelled or stood down during the season
- ⦿ if a student is banned from a sport due to misconduct or bad behaviour
- ⦿ if a student withdraws due to over-commitment once the season has started
- ⦿ if a student gains employment during the season and is no longer able to play
- ⦿ if a student changes their mind and does not want to play anymore

Refund requests must be made in writing and will be considered by the Sports Office. Any refunds granted will be less a \$10 administration fee and any other costs that may be incurred due to the withdrawal.

All refunds will be credited to the students school fees account. This may be used in the first instance to offset any other outstanding co-curricular or curriculum fees or costs.

Code of Conduct & Fair Play Charter

Fair Play Charter

We at McAuley High School agree that when playing sport we will:

- ⊙ enjoy ourselves
- ⊙ play within the rules
- ⊙ respect the decisions of the referees and umpires
- ⊙ respect the opposition and their supporters
- ⊙ be gracious winners and dignified losers
- ⊙ play hard but play fair.

Players Code

- ⊙ Play hard, but within the rules of the game.
- ⊙ Recognise and respect the abilities and disabilities of others – both team mates and opponents.
- ⊙ Accept the officials' decisions without gesture or argument.
- ⊙ Represent your school with pride and privilege.
- ⊙ Be humble in victory and gracious in defeat.
- ⊙ Support the coaches and their requests of you.
- ⊙ Thank the coach, officials, opponents and supporters.
- ⊙ Give it heaps but don't get ugly.
- ⊙ Show commitment to training and games.

Parents Code

- ⊙ Positively encourage and support the efforts of all players.
- ⊙ Make an effort to understand the rules of the game.
- ⊙ Refrain from any criticism or abuse directed at officials.
- ⊙ Put an emphasis on genuine effort ahead of victory and encourage players to accept the outcome of all games, irrespective of the result.
- ⊙ Recognise good play by both teams and never ridicule an individual player in either team.
- ⊙ Ensure the use of any form of violence is actively discouraged.

Student & Parent Contract

Please read the contract carefully and sign below. By signing this contract you understand and agree to abide by the expectations and consequences set.

- ⦿ Follow the Fair Play Charter, Player's Code and Parent Code.
- ⦿ Attend all practices / trainings on time.
- ⦿ Attend all games.
- ⦿ Show respect for your coach, manager or any team officials.
- ⦿ If students are unable to participate, they must notify the Sports Dept as soon as possible. If students are away from school on the day of a game or training because of sickness or injury they are not permitted to attend.
- ⦿ Transport will be provided to and from the competition venue unless stated otherwise. Parents must be responsible for collecting their child from the school gym or the sports ground after their competition games and all trainings as set down by the team manager.

Complete this contract, sign and return to Mrs Robertson, Sports Co-ordinator, McAuley High School.

NAME OF STUDENT:

SIGNATURE:

DATE:

NAME OF CAREGIVER:

SIGNATURE:

DATE:

Sport Details

Athletics

Teacher in charge: Mrs Airey

When: Term 1
Key Events: School Athletics Sports Day (all students)
Mt Smart Stadium, Penrose – Friday 28th February 2020

A team will be selected from the McAuley High School Athletics Sports Day to attend the Eastern Zone Championships. Successful athletes will qualify to compete at the Auckland Regional Championships and then possibly the North Island Championships. The ultimate aim of every serious athlete is the NZ Secondary Schools Championships in December. Students must supply their own black shorts for Eastern and Auckland Champs. These can be purchased from the Sports Department.

Badminton

Teacher in Charge: Mrs Robertson

When: Term 2
Cost: \$20 (trial fee) + \$45
Key Events: Competition games will be held at Mt Roskill Grammar School.
Trials: Term 1
Coaching: Tuesday coaching 3.30pm to 5.00pm commencing in Term 1.
Games: Commencing in Term 2

Badminton is played on both a competitive and social level and is for all age groups. Teams are made up of preferably 6 students and at least 4 must attend every match. Badminton is fun and a good way to maintain fitness for other sports. Students must supply their own black shorts. These can be purchased from the Sports Department.

Basketball

Teacher in Charge: Mrs Airey

When: Terms 2 and 3
Cost: \$20 (trial fee) + \$60 U15
\$20 (trial fee) + \$65 U17
\$20 (trial fee) + \$80 Open / U19s
Teams available: U15, U17, Open
U15 must not be turning 15 that year
U17 must not be turning 17 that year
Open must not be turning 19 that year
Trials: Term 1

Practices: All teams will have set practice times in either the school gym or recreation centre. Coaches will advise training dates and times.

Basketball Academy: A very successful Basketball Academy is run at the school and is open to all ages. The academy will be held on a Monday in Term 1 from 3.30pm till 5pm. Starting date TBA through the sports notices. Students wishing to trial for any of the school Basketball teams will need to attend the Academy every week.

Key Events: Auckland Championships – there will be an additional cost if the team qualifies for this event.

Students must supply their own black shorts. These can be purchased from the Sports Department.

Chess

Teacher in Charge: Ms Morunga

<u>When:</u>	Terms 1, 2 and 3
<u>Cost:</u>	No charge
<u>Key Events:</u>	Auckland Tournament Days - there will be a cost for team members to enter these events.
<u>Practices:</u>	Thursday 3.30pm to 4.30pm.

Chess is played on both a competitive and social level and is for all age groups. Chess is fun and a good way to maintain mental agility. Full school uniform is worn at all tournaments.

Cricket

Teacher in Charge: Ms Langi

<u>When:</u>	Terms 1 and 4
<u>Cost:</u>	\$35
<u>Trials:</u>	Students will be notified through the school notices
<u>Game Day:</u>	TBA
<u>Practices:</u>	Monday and Friday lunchtime

Students must supply their own black shorts. These can be purchased from the Sports Department. Sports shoes must also be worn.

Golf

Teacher in Charge: Mr Smith

<u>When:</u>	Terms 1 and 4
<u>Cost:</u>	\$45
<u>Coaching:</u>	Will be held at the Ellerslie Golf Course. Day TBA. Golf clubs, golf balls, trundlers and uniform are supplied by the school.

Coaching clinic for beginner Golfers. Student must supply own black or navy trackpants and sports shoes.

Hockey - Winter

Teacher in Charge: Miss Poolman

<u>When:</u>	Terms 2 and 3
<u>Cost:</u>	\$30 (trial fee) + \$60
<u>Trials:</u>	Students will be notified through the school notices
<u>Practices:</u>	Lunchtime Tuesday and Friday
<u>Games:</u>	Friday

Special Requirements: ALL students must wear a mouthguard at all trials, trainings and competition games. Mouthguards can be purchased for \$5 from the sports office in the gym. Students must supply their own black shorts. These can be purchased from the Sports Department.

Hockey - Summer

Teacher in Charge: Miss Poolman

<u>Summer Hockey:</u>	Term 1 and 4
<u>Cost:</u>	\$35
<u>Practices:</u>	Lunchtime
<u>Games:</u>	Friday after school

Special Requirements: ALL students must wear a mouthguard at all trials, trainings and competition games. Mouthguards can be purchased for \$5 from the sports office in the gym. Students must supply their own black shorts. These can be purchased from the Sports Department.

Kilikiti (Senior)**Teacher in Charge: TBA**

<u>When:</u>	Term 1
<u>Cost:</u>	\$15 (trial fee) + \$20
<u>Trials:</u>	To be advised through the school notices
<u>Game Day:</u>	One day tournament is held in March at the Auckland Domain
<u>Practices:</u>	To be advised through the team coach/manager

Kilikiti (Junior)**Teacher in Charge: TBA**

<u>When:</u>	Term 4
<u>Cost:</u>	\$15 (trial fee) + \$20
<u>Trials:</u>	To be advised through the school notices
<u>Game Day:</u>	One day tournament in November at the Auckland Domain
<u>Practices:</u>	To be advised through the team coach/manager

Netball – Ak Netball Assn**Teacher in Charge: Mrs Robertson**

<u>When:</u>	Terms 2 and 3 on a <u>Saturday Morning</u>
<u>Cost:</u>	\$35 (trial fee) + \$65 (Premier 1 and Premier 2) \$30 (trial fee) + \$55 (Years 10 Pre-Elite Team and 9 Junior Premier)
<u>Trials:</u>	TBA through school notices
<u>Practices:</u>	As advised by coaches and/or managers
<u>Venue:</u>	Auckland Netball Centre, Morrin Road, Mt Wellington
<u>Teams:</u>	Premier 1 and 2, Year 10 Pre-Elite Team, Year 9 Junior Premier

Students to find/provide own transport to and from venue.

Coaches, Managers and Umpires are required. Training courses will be provided for parents or students who wish to coach or referee. Parent Help: We need parent help for this sport. Please fill in the appropriate section on the registration form at the back of this booklet if you are able to help. Students whose parents/caregivers/family members assist with coaching will have their sports fees paid by the Sports Department.

Netball Academy: This will be run by the Premier 1 Coach in conjunction with McAuley High School Sports Department. It will be held after school in the school gym. Day and time will be advised by the Premier coach after trials when the teams have been selected. Date of commencement to be advised through the school notices.

Depending on team selection the following options will apply:

Premier 1 and 2

A bond of \$50 will be charged for one playing dress and tracksuit.

Year 10 Pre-elite Team, Year 9 Junior Premier

A bond of \$30 will be charged for the playing dress.

The bond must be paid in cash before the uniform is issued for the season. This will be refunded when the uniform has been returned at the end of the season provided it is in good condition.

Netball – Howick Pakuranga**Teacher in Charge: Mrs Robertson**

<u>When:</u>	Terms 2 and 3 on a <u>Wednesday afternoon</u>
<u>Cost:</u>	\$30 (trial fee) + \$40
<u>Trials:</u>	TBA
<u>Teams:</u>	1 Senior, 2x Year 10 and 2x Year 9 teams
<u>Venue:</u>	Lloyd Elsmore Park, Pakuranga
<u>Practices:</u>	TBA

Transport will be provided to and from the venue.

Student umpires are required. Full training will be given.
Student coaches with netball experience are required for these teams. Coaching courses will be compulsory.

A bond of \$20 will be charged for the uniform supplied for the season. The bond must be paid in cash before the uniform is issued for the season. This will be refunded when the uniform has been returned at the end of the season provided it is in good condition.

Rugby – 10 A-side

Teacher in Charge: Mrs Robertson

<u>When:</u>	Terms 2
<u>Cost:</u>	\$30 (trial fee) + \$20
<u>Trials:</u>	Term 1 – Date & times to be advised through the school notices
<u>Game Day:</u>	Monday Term 2
<u>Venue:</u>	Various secondary school grounds
<u>Practices:</u>	As advised by coaches and/or manager

Safety requirements: All students must supply their own mouth guard and rugby boots which are to be used at all trials, trainings and competition games. Mouth guards can be purchased for \$5 from the sports office in the gym. Students must supply their own black shorts. These can be purchased from the Sports Department.

* Subject to the availability of a specialised coach.

Rugby League

Teacher in Charge: Mrs Robertson

<u>When:</u>	Term 3
<u>Cost:</u>	\$30 (trial fee) + \$40
<u>Trials:</u>	Term 1 – Date & times to be advised through the school notices
<u>Game Day:</u>	Wednesday Term 2
<u>Venue:</u>	Various secondary school grounds
<u>Practices:</u>	As advised by coaches and/or manager

Safety requirements: All students must supply their own mouth guard and rugby boots which are to be used at all trials, trainings and competition games. Students must supply their own black shorts. These can be purchased from the Sports Department. Mouth guards can be purchased for \$5 from the sports office in the gym.

* Subject to the availability of a specialised coach.

Soccer (Open)

Teacher in Charge: TBA

<u>When:</u>	Terms 2 and 3
<u>Cost:</u>	\$30 (trial fee) + \$50
<u>Trial Dates:</u>	To be advised through the school notices
<u>Game Day:</u>	Wednesday in Term 2
<u>Venue:</u>	Various secondary school grounds
<u>Practices:</u>	Tuesday 3.30pm to 5.00pm Friday lunchtime

Safety requirements: All students must supply their own boots which are to be used at all trials, trainings and competition games. Students must supply their own black shorts. These can be purchased from the Sports Department.

Softball (Senior)**Teacher in Charge: TBA**

<u>When:</u>	Term 1
<u>Cost:</u>	\$25 (trial fee) + \$25
<u>Trial Dates:</u>	To be advised through the school notices
<u>Game Day:</u>	Wednesday
<u>Venue:</u>	To Be Advised By College Sport
<u>Practices:</u>	Tuesday 3.30pm to 5pm and Wednesday lunchtime
<u>Key Events:</u>	Ak. Tournament – there will be an additional cost if the team enters this event.

Students must supply their own black shorts. These can be purchased from the Sports Department.

Softball (Junior)**Teacher in Charge: Miss Poolman**

<u>When:</u>	Terms 3 and 4
<u>Cost:</u>	\$25 (trial fee) + \$25
<u>Trial Dates:</u>	To be advised through the school notices
<u>Game Day:</u>	Wednesday
<u>Venue:</u>	War Memorial Park, Mt Roskill
<u>Key Dates:</u>	One Day Tournament Term 4 – Additional cost required
<u>Practices:</u>	Tuesday 3.30pm to 5pm, Wednesday lunchtime
<u>Key Event:</u>	Auck Tournament: additional cost if the team enters this event

Students must supply their own black shorts. These can be purchased from the Sports Department.

Squash**Teacher in Charge: Mrs Robertson**

<u>When:</u>	Terms 2 and 3
<u>Cost:</u>	\$25 (trial fee) + \$35, this includes coaching
<u>Trials:</u>	TBA
<u>Practices:</u>	As advised by coaches and/or managers
<u>Game Day:</u>	Monday
<u>Venue:</u>	Various sports centres and schools. Students are transported to and from the venue.

Students must supply their own black shorts. These can be purchased from the Sports Department.

Tennis**Teacher in Charge: Mrs Robertson**

<u>When:</u>	Terms 1 and 4
<u>Cost:</u>	\$25 (trial fee) + \$30 – this includes coaching
<u>Trials:</u>	To be advised through the school notices
<u>Game Day:</u>	Saturday
<u>Practices:</u>	Thursday lunchtime Professional coaching Tuesday 3.30pm until 4.30pm

Students must supply their own black shorts. These can be purchased from the Sports Department.

Tag**Teacher in Charge: Miss Langi**

<u>When:</u>	Seniors and Juniors in Term 1 and Juniors only in Term 4
<u>Cost:</u>	\$50
<u>Trials:</u>	To be advised through the school notices
<u>Game Day:</u>	One-day tournament is held at the end of February for Seniors and November for Juniors.
<u>Venue:</u>	To be advised
<u>Practices:</u>	As advised by the team coach

Touch (Senior)**Teacher in Charge: Mr Bureta**

<u>When:</u>	Term 1
<u>Cost:</u>	\$30
<u>Trials:</u>	To be advised through the school notices
<u>Practices:</u>	Tuesday and Friday lunchtime

There is no weekly competition for Touch this year. The team will play in a one day tournament, date to be advised. Students must supply their own black shorts. These can be purchased from the Sports Department.

Touch (Junior)**Teacher in Charge: Mr Bureta**

<u>When:</u>	Term 4
<u>Cost:</u>	\$30
<u>Trials:</u>	To be advised through the school notices
<u>Venue:</u>	Cornwall Park
<u>Practices:</u>	Tuesday and Friday lunchtime

There is no weekly competition for Touch this year. The team will play in a one day tournament, date to be advised. Students must supply their own black shorts. These can be purchased from the Sports Department.

Volleyball (Senior Premier)**Teacher in Charge: Ms Houghton**

<u>When:</u>	Term 1
<u>Cost:</u>	\$30 (trial fee) + \$60
<u>Trials:</u>	To be advised through the school notices
<u>Game Day:</u>	Saturday morning
<u>Venue:</u>	Various secondary school gyms
<u>Practices:</u>	As advised by coach

Key Events:

Auckland Championships (Additional charge for this event.)

North Island Championships (Subject to the team qualifying - there will be an additional cost if the team qualifies for this event.)

For extra safety and performance requirements, all students must have knee pads. Students must supply their own black shorts.

Volleyball (Senior Southern Zone)**Teacher in Charge: Ms Houghton**

<u>When:</u>	Term 1
<u>Cost:</u>	\$30 (trial fee) + \$25
<u>Trial Dates:</u>	To be advised through the school notices
<u>Game Day:</u>	Thursday
<u>Venue:</u>	To be advised
<u>Practices:</u>	As advised by coach

Safety requirements: All students must have knee pads. Students must supply their own black shorts.

Volleyball (Junior Premier)**Teacher in Charge: Ms Houghton**

<u>When:</u>	Term 4
<u>Cost:</u>	\$30 (trial fee) + \$60
<u>Trials:</u>	To be advised through the school notices
<u>Game Day:</u>	Saturday morning
<u>Venue:</u>	Various secondary school gyms
<u>Practices:</u>	As advised by coach

Key Events:

Auckland Championships (Additional charge for this event.) North Island Championships (Subject to the team qualifying - there will be an additional cost if the team qualifies for this event.)

For extra safety and performance requirements, all students must have knee pads. Students must supply their own black shorts.

Volleyball (Junior Southern Zone)**Teacher in Charge: Ms Houghton**

<u>When:</u>	Term 4
<u>Cost:</u>	\$30 (trial fee) + \$25
<u>Trials:</u>	To be advised through the school notices
<u>Game Day:</u>	Thursday
<u>Venue:</u>	To be advised
<u>Practices:</u>	As advised by coach

Safety requirements: All students must have knee pads. Students must supply their own black shorts.

Waka Ama (Senior)**Teacher in Charge: Ms Hogan**

<u>When:</u>	Term 1
<u>Cost:</u>	\$30 (trial fee) + \$60
<u>Trials:</u>	To be advised through the school notices
<u>Regattas:</u>	Auckland Regatta is held on a Saturday in February National Championships – held in late March and is a 5 day trip. Additional costs and fundraising would be required
<u>Venue:</u>	Auckland Regatta – Orakei Basin National Championships - Rotorua
<u>Practices:</u>	This is held at Ian Shaw Park, Panama Road, Mt Wellington Monday and Wednesday 4.00pm to 5.15pm

Students must supply their own black shorts. These can be purchased from the Sports Department. Transport from school to the regatta will be an additional charge. Please be aware that there are some risks associated with Waka Ama. It is highly recommended that students feel comfortable in the water if they wish to take part in Waka Ama. The Outdoor Activities Guide provided by the Ministry of Education has identified the key risks of Waka Ama to be hypothermia and drowning. As usual, McAuley High School staff have worked very hard to minimise any risk to students. Life jackets are supplied by the school and must be worn every time the student is on the water – failure to do this will mean instant dismissal from the team. All girls will also be wearing thermal clothing when on the water. Experienced staff, including a world class Waka Ama trainer and also an experienced school teacher/coach will be supervising at all times. Two McAuley High School staff who are qualified first aiders will also be managing the teams and attending all training sessions including the regatta.

Waka Ama (Junior)**Teacher in Charge: Ms Hogan**

<u>When:</u>	Terms 3 (late) and 4
<u>Cost:</u>	\$20 (trial fee) + \$70
<u>Trials:</u>	To be advised through the school notices
<u>Regattas:</u>	Auckland Regatta held on a Saturday in mid-November at the Orakei Basin
<u>Training:</u>	Ian Shaw Park, Panama Road, Mt Wellington Monday and Wednesday 4.00pm to 5.15pm

Black shorts need to be worn and can be purchased from the Sports Department. Transport from school to the regatta will be an additional charge. Please be aware that there are some risks associated with Waka Ama. It is highly recommended that students feel comfortable in the water if they wish to take part in Waka Ama.

The Outdoor Activities Guide provided by the Ministry of Education has identified the key risks of Waka Ama to be hypothermia and drowning. As usual, McAuley High School staff have worked very hard to minimise any risk to students. Life jackets are supplied by the school and must be worn every time the student is on the water – failure to do this will mean instant dismissal from the team. All students will also be wearing thermal clothing when on the water. Experienced staff, including a world class Waka Ama trainer and also an experienced school teacher/coach will be supervising at all times. Two McAuley High School staff who are qualified first aiders will also be managing the teams and attending all training sessions including the regatta.

Sporting Accessories Available

The following items can be brought from the McAuley High School Sports Department.



Black SAS Shorts
\$20.00



Mouth Guards
Compulsory for Rugby League,
Rugby, Soccer & Hockey
\$5.00



Impact Knee Pads
Senior & Junior Volleyball Teams
\$18.00

Coaches & Managers

With over 50 teams at McAuley High School each year it is vital that we have parent and community involvement in coaching and managing teams. All assistance is encouraged and there is a section to fill out for anyone interested to indicate any possible availability to assist with our programme. Alternatively a call to the Head of Sport or the Sport Coordinator would be welcomed. Students whose parents/caregivers/family members assist with coaching will have their sports fees paid by the Sports Department.

Name: _____

Contact Details:

Ph: (hm) _____

Ph: (wk) _____

Mobile: _____

Sport(s) interested in helping with:

Role within the team: (circle one)

Coach

Manager

Referee

Helper

